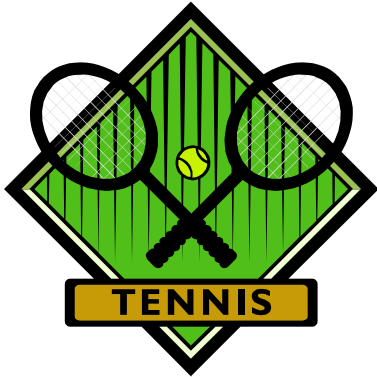
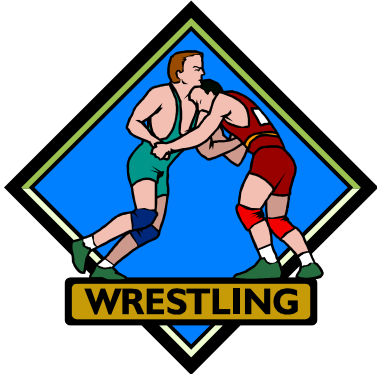


Knights Athletics



Student Athlete Handbook



Knights Athletics

Mission Statement

Calvary Christian School exists to encourage students to accept Christ as Saviour and Lord, develop a Biblical Worldview and fulfil their God-given responsibilities in the Home, in the Church, and in the Community.

Calvary Christian School exists to lead students to seek, know, love, and to serve Jesus Christ. Included in the athletic experience is a high standard of academic excellence, resulting in the opportunity for each athlete to reach his/her full potential on and off the playing field.

Calvary Athletics fosters the building of relationships that result in effective communication and ongoing accountability.

Calvary Athletics is committed to recruiting and retaining competent coaches and fostering an environment conducive to their continuing personal and professional development.

“CHAMPIONS OF CHARACTER” Student/Athlete Code of Conduct

The Calvary Christian School “Champions of Character” Initiative has been established for this purpose: to be a winner through good character while honouring the person of Jesus Christ.

Core Character Values

Respect – Respect is treating yourself, other persons, institutions, and the sport according to the highest standards of conduct. It implies Christian behaviour. Sport is an opportunity for all individuals to build self-respect while earning the respect of others. This can be accomplished by having the following:

Respect for yourself:

- Learn to practice and play to your potential.
- Build confidence and learn about yourself by actively seeking the challenges the sport can offer.

Respect for opponents:

- Needed at their best to measure and challenge you.
- Must value highly to have competition.
- Eliminate taunting and trash talking.

Respect for all others associated with the game:

- Be gracious hosts to visitors.
- Players and coaches will give and earn respect for game officials.
- Coaches will earn the respect of players, parents, administrators, and fans.
- Players will earn the respect of team-mates, coaches, and fans.

Respect for the game:

- Honor your sport with your best effort and conduct.
- Win with humility and lose with dignity.
- Play within the letter and intent of rules – no gamesmanship.

Responsibility – This core value means being accountable for your actions.

- Student athletes should be accountable to themselves, their teams, coaches, institutions, and the sport. This includes making decisions in the areas of role modelling, education, self-control, respect, rules about refraining from taking performance-enhancing drugs, conditioning, and personal conduct.

Integrity – Honesty is telling the truth or conforming words to our reality. Integrity is keeping commitments or conforming reality to our words. That is, integrity means developing an integrated character that includes, but goes beyond honesty. It also implies not lying, cheating, or stealing. The Bible is our guide for integrity.

(“Champion of Character” Code of Conduct continued on next page)

Servant Leadership – The servant leadership core values refer to putting the group first while also being responsible for personal and group roles and performing at your best. Leadership implies managing yourself well and becoming a good follower, as well as inspiring others to follow you. Servant leadership in sports has a primary purpose of serving others while striving to develop personal and team leaders. Role modelling is an essential tool of the servant leader, who provides a critical service to society with the great gift of a good example.

Sportsmanship – The sportsmanship core value is a matter of being good (character) and doing right (actions) in sports. Sportsmanship, in essence, is the conduct of educational sports according to the highest standards. Sportsmanship is also called *fair play* and refers to high standards of justice in sports settings. Fairness and equity is expected in all contests and relationships. Thus, sportsmanship means conducting athletics while adhering to the highest principles of respect, responsibility, integrity, and justice/fair play. The “Champion of Character” is the target for every student/athlete at Calvary.

Eligibility

Every athlete representing Calvary Christian School must realize the importance of maintaining at least the minimum academic standards. Standards for participating athletes are:

- Throughout the school year, academic evaluations will take place at the time of progress reports and again when report cards go out.
- Athletes become ineligible at the time of evaluation if the athlete has 3 points or more.
D = 1 point F = 2 points
- Athletes receiving an “incomplete” in any subject during an academic evaluation may be placed on temporary probation until the teacher and students declare a time to complete the outstanding work.
- Students who are academically ineligible are on three week probation to bring their grades up to eligibility standards. During those three weeks, the student may not compete, but are required to attend all practices unless the coach excuses them from practice. Ineligible students may not dress out for games, home or away, and may not attend away games with the team. They also may not be excused from class early.
- Students must be certified eligible to participate in athletic events by the Athletic Director, according to GISA guidelines.
- Any athlete breaking the code of conduct will receive disciplinary action at the discretion of the Athletic Director.

School Attendance and Assignment Policy For Athletes

All students are expected to attend school when they are capable. School attendance and assignment policies are:

- Athletes not attending school will not be allowed to play in a sporting event on that day.
- Any athlete arriving at school later than 10:00 a.m. without a doctor's note is not eligible to play in that day's event.
- Athletes are encouraged to be in all classes the day following games regardless of the time arriving back in town.
- Athletes returning very late from an away game may be excused for 1st and 2nd periods including assignments or tests given. Students are responsible to get with teachers to make up such assignments or tests. Students are fully responsible for assignments and tests for 3rd period onward. **(Determination about "very late" is made by the coach before the team leaves the away game sight.)**
- Each athlete is responsible for work missed due to athletic absences. Additionally, make-up time may be requested from the respective teacher(s).
- If the athlete will be departing school prior to the end of the school day, he/she is responsible for preparing and submitting, to any teacher of missed classes, any and all assignments that are missed for that day. There are no excuses and students must complete this task prior to departure.
- The Athletic Director is responsible for managing these situations on a case-by-case basis.

Play/Practice Guidelines

Part of the athletic team experience is to develop discipline and to gain a better understanding of being committed to a team and a cause. With that being the goal, attending practice and commitment to the team and cause often makes for a positive experience for the student athlete.

Play and practice guidelines are:

- Be on time for practice. Every minute you are late results in a minute of heavy physical activity.
- Be present at every practice. A missed practice results in a minimum of 1 missed quarter of playing time; maybe more (i.e., Basketball). Other sports may have a different discipline.
- Be on time for games – especially for departure times for away games. If you are a starter and are late, you will not start a game.
- We give out game schedules early (most Fall schedules are ready in May). There is no excuse for missing a game. A team has to be able to count on *every* player for *every* game.
- Exception: Other school activities may conflict. Inform the Athletic Director and he will handle the conflict.

GAME BEHAVIOR GUIDELINES

The GISA fines fans and players for ejections. Fans and players will be responsible for paying any fines.

Our players play hard and tough, yet they must be disciplined. Any player given a Technical during our games for disrespecting officials or opposing coaches will sit out for at least the rest of that game. Double Technical discipline will be at the coach's discretion. If a Yellow and/or Red Card is received during a soccer game, the same rules will apply.

Parent/Coach Communication

This page is designated to foster an understanding between coach and parent regarding Athletics at Calvary Christian School.

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student athletes. When your child becomes involved in athletics, you have a need to understand what expectations are placed on your child. This begins with clear communication from the coach of the child's program.

Communication you should expect from your child's coach:

1. Philosophy of the coach.
2. Locations and times of all practices and games.
3. Transportation plans.
4. Team requirements; i.e., practice attendance, equipment, out-of-season conditioning. (Parents expected to read student requirements)
5. Cost of participating.
6. Procedures should your child be injured during participation.
7. Discipline that may result in the denial of your child's participation.

Communication coaches expect from parents:

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns with regard to a coach's philosophy and/or expectations.

As your child becomes involved in the programs at CCS, they will experience some of the most rewarding moments of their lives. It is important that they and you understand that there also may be times when things do not go the way you or your child wish. As these times occur, discussion with the coach is encouraged.

Examples:

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's attitude.
4. Academic support and college opportunities.

(Parent/Coach Communication continued on next page)

As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things should be left to the discretion of the coach.

Examples:

1. Team Strategy
2. Other student athletes
3. Playing time

It is very difficult to accept your child's not playing as much or in the positions you may wish. Coaches make judgements based on what they believe to be the best for all students involved. At Calvary Christian School, our philosophy is to involve as many students as possible in our extra curricular programs. We also recognize that athletics is a competitive environment in which playing time is earned by performance not only in games, but in practice. Junior Varsity and Middle School coaches are encouraged to have every player participate in games, yet game situations may not allow them to do so.

5 WAYS TO BE A SUCCESSFUL SIDELINE PARENT

1. Resist shouting out instructions. Leave directions or corrections to the coach.
2. Show appreciation for the play of the other team. Every decent coach tries to instill this positive attitude, and it needs to be vigorously reinforced on and off the field. The last thing CCS athletes need to do is cultivate hostility toward their opponents. Congratulate the opposition during and after the game and their parents as well.
3. Do not undermine the coach. The coaches' mission is to create an optimal environment for the whole team. If you have issues with the coach, talk with them according to the process listed above.
4. Leave the refs out of it. Never comment to referees or about referees. Referees make mistakes. Their mistakes are honest ones, and your child needs to know that you believe this. Any criticism or questioning of the referee shows an exaggerated focus on winning and a lack of respect for authority. Negative comments undermine the athletes, the school and our testimony as a Christian school. High School officials do go through a training program and yearly review courses to be certified to work games, and take a state exam on the rules each year.
5. If at any time you wish to speak with your child's coach, please use the following procedure:
 - Call the coach to set up an appointment.
 - If you cannot reach the coach, call the Athletic Office. A meeting will be arranged for you.
 - Please do not attempt to confront the coach before or after a contest. Set up a meeting at a later time to discuss and work together toward a solution.
 - Avoid trying to resolve issues by e-mail. Call or talk with the coach. Information can be communicated by e-mail but issues often are compounded rather than resolved.

“CHAMPIONS OF CHARACTER” Coaches Code of Conduct

- I acknowledge my belief in Jesus Christ
- I will reflect the love and grace of Jesus Christ through excellence in my coaching, exemplifying reverence for the word of God, and acknowledging it as the standard for all conduct.
- I will be a witness to my team and seek to develop fully devoted believers of Christ.
- I will be involved in training, coaches meetings, continuing education, reflecting a professional standard of excellence.
- I will pray for each member of my team regularly, and I will involve my team in devotions and prayer times.
- I will lead my athletes to abide by team rules, school rules, and academic guidelines.
- I consider the privilege of guiding youth through participation in sports as a sacred trust.
- I will strive to teach each student to be humble in victory and gracious in defeat, to be above bragging, and shall help develop inner strength and poise.
- I will use only fair and honest means in my desire for personal achievement and shall count the goodwill of my peers far above any achievement unfairly gained.
- I will promote all sports at CCS by encouraging athletes to participate during the off season.
- I will help each student under my guidance toward the development of honest habits of work and pride in work well done and I shall not practice or allow evasion in any obligation surrounding the athletics program.
- I will encourage development of the total athlete by supporting weight, speed, and agility training.
- I will live my life as a Christian role model and will refrain from such activities as the use of tobacco, alcohol, illicit drugs, and the use of vulgar and profane language.
- Also, as a Coach, I agree that the Bible dictates the standard for sexual behavior. Any promiscuity, homosexuality, or other deviant sexual behavior is forbidden. Any violation of the scripture’s standard and guidelines stated within this Code of Conduct is grounds for termination.
- Coaches and athletic administrators should maintain high standards of competence and conduct to ensure the optimal safety, welfare, and development of student athletes.

RULES AND REGULATIONS FOR OVER NIGHT TRIPS AWAY FROM SCHOOL

1. A room curfew will be given to chaperones and students for the nights spent away from home at a hotel.
2. No student is permitted to leave their room for any reason without chaperone approval.
3. Students are not allowed to leave the premises where the group is gathered, without chaperone approval (i.e. athletic site, hotel, restaurant, etc.).
4. No student is to be alone under any circumstance (i.e. if visiting the vending machine in a hotel, students should go in pairs of the same gender).
5. If students are being transported in numerous vehicles, each student is to travel in the same vehicle/group from site to site.

TRANSPORTATION GUIDELINES

The school and coaches determine the mode of transportation to and from events. Whenever possible, transportation by school equipment (bus, minibus, etc.) is preferred. At times it will be necessary for parents to carpool to transport student athletes.

The cost of transportation is calculated based on mode of transportation used. The cost is divided among families and every attempt is made to keep the cost at a minimum level. The coach or designated "Team Mom" will communicate transportation arrangements and cost.

STUDENT/ATHLETE AND PARENT COMMITMENT

I, _____(Student/Athlete)

and _____(Parent of Guardian)

have read this handbook and understand the expectations established of me as an athletic participant representing Calvary Christian School. By my following signature, I agree and pledge to abide by and honor these principles as an athletic participant during the 2010-2011 school year.

Student's Signature

Father's Signature

Mother's Signature

Legal Guardian's Signature

Date

Knights Athletics

Calvary Christian School
Athlete Uniform Issue
Sign Out and Return Policy

(NAME)

(GRADE)

I have received the following uniform components:

Sport: _____

Uniform Components: _____

(i.e. soccer shorts, shirts)

I will return the uniform clean within seven days after the season ends. If this is not done, I understand I will be ineligible to play in any sport until I return this uniform or pay to replace this uniform. If I am not playing another sport immediately, I understand my report card will be held until I turn in this uniform.

Uniform received on: _____

Player's signature: _____

Coach's signature: _____

Uniform returned on: _____

Player's signature: _____

Coach's signature: _____

To be kept on file in Athletic Office